

# Student Water Saving Tips

<b>Don't leave taps running</b>	<ul style="list-style-type: none"> <li>• Use a washing up bowl or a plug when cleaning dishes and turn off the tap when cleaning your teeth.</li> </ul>
<b>Consider flow rate</b>	<ul style="list-style-type: none"> <li>• Cleaning vegetables and rinsing recycling does not require a full flow rate. Can you use a washing up bowl or plug to further save water?</li> </ul>
<b>Report It!</b>	<ul style="list-style-type: none"> <li>• Inform your nearest Reception of any dripping taps or showers or leaking pipes around the University. (A dripping tap can waste around 90 litres a week – that's approximately 360 glasses of water!).</li> <li>• If you live out, report your dripping taps or showers to your landlord.</li> <li>• If you live out, check to see if your toilet is leaking. Add a few drops of food colouring to your toilet cistern, and don't flush for about an hour. If the food colouring is present in the toilet bowl after an hour, you have a leak! Ask your landlord if they can arrange for it to be fixed – a leaking toilet can waste 400 litres of water per day.</li> </ul>
<b>Take the 4 minute shower challenge</b>	<ul style="list-style-type: none"> <li>• Challenge yourself to keep your shower to just 4 minutes. (Spending 1 minute less in the shower could save around 40 glasses of water or 10 litres).</li> <li>• If you are washing long hair, can you turn off the shower whilst shampooing and conditioning your hair?</li> <li>• In college, use the 4 minute shower timer provided.</li> <li>• If you live out, you can request a free water saving kit from Northumbrian Water <a href="#">here</a>.</li> </ul>
<b>Keep it cool</b>	<ul style="list-style-type: none"> <li>• Consider keeping a refillable jug or bottle of cool water in the fridge so that you do not need to run water down the sink to have a cold drink.</li> </ul>
<b>Waiting for warm water</b>	<ul style="list-style-type: none"> <li>• Don't let water run down the drain whilst waiting for it to get hot – collect it and use to water plants. Consider collecting running water in the shower before getting in.</li> </ul>
<b>Wash full loads</b>	<ul style="list-style-type: none"> <li>• Only use the washing machine when you have a full load (consider sharing your load if you do not have much to wash – though avoid overfilling the machine).</li> </ul>
<b>Considerate flushing</b>	<ul style="list-style-type: none"> <li>• If the toilet has a dual-flush (a split flush button which gives the user the choice how much water to use), use the short flush if appropriate to save water.</li> </ul>



**Every small step leads  
to big change**

